Kurt S. Browning, Superintendent of Schools 7227 Land O'Lakes Boulevard • Land O'Lakes, Florida 34638

#### ATHLETIC PARTICIPATION FORM

PLEASE CLEARLY PRINT OR TYPE:	
GRADE LEVEL/SCHOOL YEAR:	STUDENT I. D. #:
Name of Student (As it appears on the student's birth cer	tificate):
LAST,F	IRSTMIDDLE
STUDENT ADDRESS;	CITY/STATE/ZIP
HOME PHONE (WITH AREA CODE):	D.O.B:/
EMERGENCY CONTACT:	PHONE: (
NAME OF LAST SCHOOL ATTENDED/YEAR:	
FATHER/GUARDIAN:	
•	CITY/\$TATE/ZIP
EMPLOYER'S NAME	EMPLOYER'S PHONE ()
MEDICAL INSURANCE COMPANY	MBMBER ID #
MOTHER/GUARDIAN:	
	CITY/STATE/ZIP
EMPLOYER'S NAME	EMPLOYER'S PHONE ()
MEDICAL INSURANCE COMPANY	MEMBER ID #
ls the company or plan listed above considered a Health Main	tenance Organization (HMO)? YES:NO:
Participation in competitive athletics may result in severe injury, includ as rule changes, have reduced these risks, but it is impossible to totally	ing paralysis or death. Improvements in equipment, medical treatment, and physical conditioning, as well eliminate such occurrences from athletics.
undersigned parent(s)/guardian(s) of the above-named student or above but not limited to: student's name, date of birth, atteridance, grades and activities regulated by FHSAA to FHSAA and its service provider Hon reporting eligibility to participate in athletics. I/We further authorize the	consent for the athlete identified herein to travel with the team as a member on its trips. I/We, the -named adult student, do hereby consent to the release of confidential educational records/data including, such other confidential student data as is necessary for the determination of eligibility for participation in ac Campus, Inc. and MaxPreps. The information shall be used solely for the purpose of determining and a release of student transcripts by FHSAA and/or Home Campus to colleges/universities or their or the District School Board of Pasco County, Florida and its constituent schools. No other re-disclosure of
INSURANCE: The District School Board of Pasco County provides of services. You may encounter certain out-of-pocket expenses when your	nly secondary student athletic insurance coverage, but this IS NOT a guarantee of payment for medical son or daughter is treated for accidental injuries.
BIRTH CERTIFICATE: Each athlete MUST present to the athletic dire	ector or coach a certified copy of a valid birth certificate. The copy will be returned.
IN THE EVENT OF AN INJURY AND YOU CANNOT ECHILD TREATED MEDICALLY? YES:NO:	BE REACHED, DO YOU GIVE HIS/HER COACH PERMISSION TO HAVE YOUR 
PARENT SIGNATURE	DATE
STATE OF FLORIDA, COUNTY OF	The foregoing instrument was acknowledged before me via [] physical lay of, who is personally as identification.
	Signature of Notary
NOTARY SEAL	Printed Name of Notary
*	My Commission Expires

#### Pasco County Schools Athletic Information for Students and Parents

ACADEMIC ELIGIBILITY: In order to participate in high school interscholastic athletics, a student must currently have and maintain a cumulative grade point average of 2.0 or above on a 4.0 un-weighted scale. The athletic director and/or coach will verify all grades within a five-day period subsequent to team tryouts. Failure to have and maintain a cumulative 2.0 grade point average will result in immediate dismissal from any interscholastic athletic team. Middle school students must have a 2.0 grade point average for the previous semester in order to be eligible.

ATHLETIC TRANSFER VERIFICATION: Any middle or high school student who has been *authorized* to transfer from one school to another must meet the athletic transfer verification requirements. This includes, but is not limited to, students who were previously enrolled in public schools, private schools, charter schools, home schools, magnet schools and alternative schools. For more information on this procedure, visit your school or district athletic website or contact your school athletic director. The verification policy/procedures can be located at the following web address: <a href="http://www.neola.com/pasco-fl/">http://www.neola.com/pasco-fl/</a>

ATHLETIC FEES: There are no try-out fees. Once a student is selected for a team a fee will be due: \$70.00 for high school students; \$50.00 for middle school students. The fee for the second sport is \$40.00 for high schools; \$30.00 for middle schools. The total family fee (for the same school) is \$180.00 for high schools; \$130.00 for middle schools. The individual cap for high schools is \$110.00. The individual cap for middle schools is \$80.00. A student will not be allowed to dress out, participate in a game or be considered part of the team until the full fee is paid. ALL FEES MUST BE PAID WITHIN 3 DAYS OF THE CONCLUSION OF TRYOUTS.

STUDENT STATEMENT: As a student athlete, I agree to maintain athletic eligibility, comply with training rules, and conduct myself so as to bring pride to my school, my team, and my family. I understand I, as well as my parent(s)/guardian(s), are responsible for any uniforms, equipment, and / or supplies issued to me while participating in interscholastic athletics. I agree to repair or replace any damaged item and replace any lost item. I understand suspension from school, in or out, will result in suspension from practices or games during the time of the suspension.

EVENT SECURITY PROCEDURES: All bags are subject to search upon entry. Bags and items not permitted on Pasco County Schools property must be returned to the patron's vehicle. ONLY clear plastic, clear vinyl, or clear Ziploc bags are permitted inside an event venue. Student athletes are permitted to bring bags. These bags are subject to search. Small clutch or wallet style bags no larger than 4 inches by 6 inches are permitted for entry but will be subject to search. All other styles of bags such as backpacks, fanny packs, purses and duffle bags are not permitted. An exception will be made for medically necessary items, diaper bags, and properly credentialed school and professional photographers' camera bags. These bags will be subject to search prior to entry, unless the item meets the clear bag guidelines. Please refer to the "Event Security Procedures" document on the district website for more details pertaining to this countywide policy.

PAYMENT OF FHSAA FINES: As a student athlete I am representing my school and my school district. I am responsible for my conduct in the athletic program. I will follow guidelines and rules outlined in the District School Board of Pasco County's Code of Student Conduct, Security Procedures and the FHSAA Handbook. In the event of an ejection or disqualification while participating in athletics my parent(s)/guardian(s) and I agree to pay the FHSAA fines, which are assessed by the FHSAA (Example: \$250.00 gross unsportsmanlike conduct).

My parent(s)/guardian(s) and I understand I won't be able to participate in any athletic contests until all fees have been paid to my school and I am subject to additional disciplinary action by any school administration depending on the severity of my actions.

Print Student Name	Student Number	
Student Signature	Date	
Parent/Guardian Signature	Parent/Guardian Signature	Date



#### Code of Conduct at Sporting Events

We expect our athletes, parents, and fans to show respect to other teams, officials, and other fans at all times.

We will not tolerate fighting, yelling, or cursing at officials, other fans, or the other team at both home and away athletic contests.

#### **Code of Conduct Expectations:**

- 1. Use of alcohol/alcoholic beverages, illegal drugs, smoking, vaping, and/or use of ecigarettes on school premises is prohibited.
- Do not argue with or criticize the players, cheerleaders, coaches, or officials in front of spectators by word of mouth or gesture. If you do not have something positive to say, do not say it.
- 3. Do not use abusive or profane language during any athletic contests or activities.
- 4. Do not physically or verbally abuse anyone (athlete or coach) in the athletic program.
- 5. Do <u>not</u> incite unsportsmanlike conduct, to include melee or unrest at an event.
- 6. Do not seek to undermine school officials through word of mouth or deed.
- 7. <u>Do</u> always set an example by your personal conduct in front of all persons connected with the school programs,
- 8. Do remember that winning at all costs is not a message we wish to impart to our youth. Instead, we want them to have fun, to play safe, and to encourage sportsmanship.
- 9. Parents/Guardians: By not agreeing to and signing this Code of Conduct contract, you have elected not to participate with your child/children in the school athletic programs.

The violation of any portion of these expectations relating to this <u>Code of Conduct</u> may result in removal from the event or:

#### **PENALTIES**

- 1. Adults: Removal from attendance at athletic events and potential for trespass from school/district campus
- 2. **Students:** The participating student who is in violation of rule or rules contained in this <u>Code of Conduct</u> may be <u>suspended</u> from the team for a game or multiple games; may be placed on <u>probation</u>; may have school consequences assigned and may face penalties from the FHSAA.

By acknowledging these expectations with your signature or on athleticclearance.com, it is known that this form was read and agreed to by the parent and athlete.

Date:		
Parent Name	Student Name	
Parent Signature	Student Signature	



# Pasco Middle School

13925 14th Street, Dade City, FL 33525 - 352-524-8400

Peggy Rae Gilbert
Principal
pgilbert@pasco.k12.fl.us
Dr. Julleann Usry
Asst. Principal
jusry@pasco.k12.fl.us
LisaBeth Shoemaker
Asst. Principal
lweiand@pasco.k12.fl.us
Lisa Herndon
Athletic Director
lherndon@pasco.k12.fl.us

## Athletic Policy 2023-24

It is an honor and a privilege to represent yourself, your family and Pasco Middle School through participation in athletics. We believe our student athletes should recognize that they are a student first, and should exemplify and maintain unconditional sportsmanship and citizenship both on and off the field/court.

Pasco Middle School student athletes must abide by the following rules and regulations:

- 1. All rules and regulations listed in the Pasco County Student code of conduct are to be followed, including appropriate use of social media.
- 2. Alcohol, tobacco or drug use will result in immediate dismissal from athletics for the year.
- Individual coaches will determine and announce in advance what constitutes excused/unexcused absences. Unexcused absences from practice may result in a one game suspension. Three unexcused absences may result in dismissal from the team for the remainder of the season.
- 4. Continuous classroom disruptions and disturbances reported by any of the student athlete's teachers will result in the coach's choice of discipline intervention and may result in dismissal from the team. Classroom disruptions or numerous documented incidents may preclude you from any further participation.
- 5. The first time the student athlete is assigned ISS he/she will not be allowed to participate in any scheduled practices or games during the suspension. If there are no scheduled games, the athlete will be suspended from the next scheduled athletic contest. The second time the student is assigned to ISS during the same sport's season, the student athlete may be dismissed from the team.
- 6. Student athletes assigned OSS may be dismissed from the team immediately.
- 7. If buses are used to travel to a contest, student athletes must ride the bus to and from the event. <a href="Exception:"><u>Exception:</u></a> for all sports except football, student athletes may ride home with a parent/guardian, who signs out the student athlete after the event and in the presence of the coach. The coach must be able to verify the identity of the parents/guardian prior to releasing the student athlete.
- 8. On game days, students must attend a full day of school in order to participate in that day's game. Exception: the principal can make exceptions for emergencies and extenuating circumstances with prior notice. Please notify the principal for prior approval.
- 9. Student athletes are expected to secure transportation home after practices and athletic contests in a timely manner. Failure to follow this rule may result in dismissal from the team.
- 10. Student athletes who are found to have committed a felony or delinquent act which would have been a felony if committed by an adult, regardless of whether adjudication is withheld, will be dismissed from the team.
- 11. The principal, athletic director, and coach will address situations that may arise which are not directly addressed in these rules & regulations to determine appropriate discipline which may include dismissal from the team.
- 12. If uniforms are not returned following dismissal from the team, or at the end of the season, the student/parent will be responsible to pay the current replacement cost.

We have read, understand and agree to abide by the rules and regulations listed above in this Pasco Middle School Athletic Policy. This document must be returned to the coach on the first day of tryouts.

student athlete signature	date	parent/guardian signature



## PREPARTICIPATION PHYSICAL EVALUATION (Page 1 of 4)

This medical history form should be retained by the healthcare provider and/or parent.

This form is valid for 365 calendar days from the date signed below.



#### MEDICAL HISTORY FORM

Student's Full Name	e completed by student ar	•	• •	Ç.	Acciana	d at Birth; Age: [	Date of Birth:	/_	_/
School:				Gra	ide in Scl	hool: Sport(s):			
Home Address:	C	ity/Stat	te:			hool: Sport(s): Home Phone: ()  o Student: Other Phone: Office Phone:	,		
Name of Parent/Guardian:				_ E-ma	ll:				
Person to Contact in Case of I	mergency:	141.	-t- Nt	Relati	onship to	o Student:			
Emergency Contact Cell Phon Expails Healthcare Broyldon	e: ()	VVOI	rk Phone	: (		Other Phone:	, <del></del> ,		,
railing fleathicale Flovider: _	. , , , , , , , , , , , , , , , , , , ,		ty/State;			Office Phone:			, , , , , , , , , , , , , , , , , , , ,
List past and current medical	conditions:								
Have you ever had surgery? I	f yes, please list all surgical pr	ocedur	es and d	ates:				,	
Medicines and supplements (	please list all current prescrip	otion m	edication	ns, ove	r-the-co	unter medicines, and supplem	ents (herbal	and nutr	ritional);
Do you have any allergles? If	yes, please list all of your alle	rgies (i.	.e., medi	cines,	pollens, f	food, insects):			
Patient Health Questionaire Over the past two weeks, hov	version 4 (PHQ-4) v often have you been bother	ed bv a	inv of the	follov	vina prob	olems? (Circle response)	,		
e Peter Assess	Not at all		Sever	ifika istaa	e Karaken basa	Over half of the days	Nearly	y everyda	ay
Feeling nervous, anxious, or on edge	0		1 2				3		
Not being able to stop or control worrying	0		1			2	3		
Little interest or pleasure in doing things	0		1			2	3		
Feeling down, depressed, or hopeless	0			1		2		3	
GENERAL QUESTIONS Explain "Yes" answers at the en-		Yes.	, No		RT HEAL tinued)	TH QUESTIONS ABOUT YOU		Yes	No
Do you have any concerns the your provider?	at you would like to discuss with			8		tor ever requested a test for your hear electrocardiography (ECG) or echocard			And the second s
2 Has a provider ever denied o sports for any reason?	r restricted your participation in			9	Do you ge	et light-headed or feel shorter of breatl uring exercise?	h than your		
3 Do you have any ongoing me	dical Issues or recent Illnesses?			10	Have you	ever had a seizure?			
HEART HEALTH QUESTIONS	ABOUT YOU	Yes	No	HEA	RT HEAL	TH QUESTIONS ABOUT YOUR	FAMILY	Yes	No
4 Have you ever passed out or exercise?	nearly passed out during or after			11	had an ur	amily member or relative died of heart nexpected or unexplained sudden deat ding drowning or unexplained car cras	h before age		
5 Have you ever had discomfor your chest during exercise?	t, pain, tightness, or pressure in			12	as hypert arrhythm	one in your family have a genetic heart rophic cardiomyopathy (HCM), Marfan logenic right ventricular cardiomyopath	Syndrome, ny (ARVC),		
6 Does your heart ever race, fli (irregular beats) during exerc	utter in your chest, or skip beats ise?			12	long QT st syndrome	yndrome (LQTS), short QT syndrome (S e, or catecholaminerigc polymorphic ve lia (CPVT)?	SQTS), Brugada		
					syndrome	e, or catecholaminerige polymorphic ve	entricular		

13

Has a doctor ever told you that you have any heart problems?

Has anyone in your family had a pacemaker or an implanted

defibrillator before age 35?



#### PREPARTICIPATION PHYSICAL EVALUATION (Page 2 of 4)

This medical history form should be retained by the healthcare provider and/or parent.

This form is valid for 365 calendar days from the date signed below.



School:	
ntinued) Yes	No
weight?	
nyone recommended that you gain	
or do you avoid certain types of	
ing disorder?	
ere:	
	<del></del>
	<u> </u>
Mary Annual Control of the Control o	
_ 	complete.

Participation in high school sports is not without risk. The student-athlete and parent/guardian acknowledge truthful answers to the above questions allows for a trained clinician to assess the individual student-athlete against risk factors associated with sports-related injuries and death. Florida Statute 1006.20 requires a student candidate for an interscholastic athletic team to successfully complete a preparticipation physical evaluation as the first step of injury prevention. This preparticipation physical evaluation shall be completed each year before participating in interscholastic athletic competition or engaging in any practice, tryout, workout, conditioning, or other physical activity, including activities that occur outside of the school year.

We hereby state, to the best of our knowledge, that our answers to the above questions are complete and correct. In addition to the routine physical evaluation required by Florida Statute 1006.20, and FHSAA Bylaw 9.7, we understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (ECG), echocardiogram (ECHO), and/or cardio stress test. The FHSAA Sports Medicine Advisory Committee strongly recommends a medical evaluation with your healthcare provider for risk factors of sudden cardiac arrest which may include the special tests listed above.

Student-Athlete Name:	(printed) Student-Athlete Signature:	Date://	
Parent/Guardian Name:	(printed) Parent/Guardian Signature:	Date://	
Parent/Guardian Name:	(printed) Parent/Guardian Signature:	Date://	



#### PREPARTICIPATION PHYSICAL EVALUATION (Page 3 of 4)

This medical history form should be retained by the healthcare provider and/or parent.

This form is valid for 365 calendar days from the date signed below.



#### PHYSICAL EXAMINATION FORM

student's Full Name:	Date of Birth:/_	/ School:	
PHYSICIAN REMINDERS: Consider additional questions on more sensitive issues.			
Do you feel stressed out or under a lot of pressure?	Do you ever feel sad, h	opeless, depressed, or anxiou	us?
Do you feel safe at your home or residence?	During the past 30 day.	s, did you use chewing tobac	co, snuff, or dip?
Do you drink alcohol or use any other drugs?	<ul> <li>Have you ever taken ar supplement?</li> </ul>	nabolic steroids or used any o	ther performance-enhancing
<ul> <li>Have you ever taken any supplements to help you gain or lose weight or in performance?</li> </ul>	nprove your		
Verify completion of FHSAA EL2 Medical History (pages 1 Cardiovascular history/symptom questions include Q4-Q3	and 2), review these medical histo 13 of Medical History form. (check	ory responses as part o box if complete)	f your assessment.
EXAMINATION			
Height: Weight:			
BP: / ( / 💬) Pulse: Visio	on: R 20/ L 20/	Corrected: Yes	No
MEDICAL - healthcare professional shall initial each assessm		NORMAL	ABNORMAL FINDINGS
Appearance  • Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, a prolapse (MVP), and aortic insufficiency)			
Eyes, Ears, Nose, and Throat Pupils equal Hearing			
Lymph Nodes			
Heart  Murmurs (auscultation standing, auscultation supine, and Valsalva maneu	ver)		
Lungs			
Abdomen			
Skin  • Herpes Simplex Virus (HSV), lesions suggestive of Methicillin-Resistant Sta	phylococcus Aureus (MRSA), or tinea corpor	is	
Neurological			
MUSCULOSKELETAL - healthcare professional shall initial eac	th assessment	NORMAL	ABNORMAL FINDINGS
Neck			
Back			
Shoulder and Arm			
Elbow and Forearm			
Wrist, Hand, and Fingers			
Hip and Thigh			
Knee			
Leg and Ankle			
Foot and Toes			
Functional  • Double-leg squat test, single-leg squat test, and box drop or step drop test	<b>!</b>		
This form is not conside	ered valid unless all sections ar	e complete.	
Consider electrocardiography (ECG), echocardiography (ECHO), referral to a cardiolog Advisory Committee strongly recommends to a student-athlete (parent), a medical evalu	gist for abnormal cardiac history or examinatio uation with your healthcare provider for risk fac	on findings, or, any combination tors of sudden cardiac arrest wh	n thereof. The FHSAA Sports Medicir nich may include an electrocardiogram
Name of Healthcare Professional (print or type):		Date o	of Exam://
Address: Phone: (_ Signature of Healthcare Professional:	) E-mail	1	
Signature of Healthcare Professional:	Credentials	:Lice	nse #:

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and/or cardio stress test.

## PREPARTICIPATION PHYSICAL EVALUATION (Page 4 of 4)

SUBMIT THIS MEDICAL ELIGIBILITY FORM TO THE SCHOOL This form is valid for 365 calendar days from the date signed below.



## MEDICAL ELIGIBILITY FORM

Student Information (to be completed by st	udent and parent) print legibly	ontono de la platica.	Anni Doto of Pi	maths / /
Student's Full Name:	Sex A	ssigned at Birth:	Age;Date of bit	
Student's Full Name:  School:  Home Address:  Name of Parent/Guardian:	Grade	Johns Phone		
Home Address:	F-mail:	TIOING FROM	· · · · · · · · · · · · · · · · · · ·	
Person to Contact in Case of Emergency:	Relation	ship to Student:		
Person to Contact in Case of Emergency: Emergency Contact Cell Phone: ()	Work Phone: (		ther Phone: ()	
Family Healthcare Provider:	City/State:	C	ffice Phone: () _	
☐ Medically eligible for all sports without restriction	n			
☐ Medically eligible for all sports without restriction	n with recommendations for further ev	valuation or treatment of:	(use additional sheet, if n	ecessary)
☐ Medically eligible for only certain sports as listed	below:			
☐ Not medically eligible for any sports				
Recommendations: (use additional sheet, if necessary)	)			
I hereby certify that I have examined the above- the conclusion(s) listed above. A copy of the ex- conditions that arise after the date of this med professional prior to participation in activities. Name of Healthcare Professional (print or type):	am has been retained and can be fical clearance should be properly	accessed by the parent evaluated, diagnosed,	as requested. Any inj and treated by an ap	ury or other medical propriate healthcare
Address:			Phone: (	
Address:				
Signature of Healthcare Professional:		Credenuals:	License #.	
SHARED EMERGENCY INFORMATION - compl	eted at the time of assessment by	practitioner and pare	nt	
			er Stamp (if required b	ov school)
Check this box if there is no relevant med participation in competitive sports.	ical history to share related to	FIGWA	er stattip tij regamea s	, 30,100,1
Medications: (use additional sheet, if necessary)	)			
List:				
Relevant medical history to be reviewed by athle	etic trainer/team physician: (expla	in below, use additiona	sheet, if necessary)	
☐ Aliergies ☐ Asthma ☐ Cardiac/Heart ☐ Cor				ell Trait 🔲 Other
			•	
Explain:				
Signature of Student:	Date:/ Signature of P	arent/Guardian:		Date://
We hereby state, to the best of our knowledge the in				
advised that the student should undergo a cardiovas	scular assessment, which may include	such diagnostic tests as el	ectrocardiogram (ECG),	echocardiogram (ECHO)

This form is not considered valid unless all sections are complete.



## PREPARTICIPATION PHYSICAL EVALUATION (Supplement)

SUBMIT THIS MEDICAL ELIGIBILITY FORM TO THE SCHOOL This form is valid for 365 calendar days from the date signed below.



This form is only used, or requested, if a student-athlete has been referred for additional evaluation, prior to full medical clearance.

## MEDICAL ELIGIBILITY FORM - Referred Provider Form

Student Information (to be completed by stu			•	
Student's Full Name:	Sex	Assigned at Birth:	Age: Date of Birtl	n:/
School:	Gra	de in School: Sport	:(s):	
Home Address:	City/State:	Home Phone	:: ()	
Name of Parent/Guardian:	t-ma	III:		
Person to Contact in Case of Emergency: Emergency Contact Cell Phone: ()	Mark Phone: (	) C	Yther Phone: /	
Family Healthcare Provider:	City/State:	0	ffice Phone: ()	
Referred for:	Dia	gnosis:		
I hereby certify the evaluation and assessment for which the conclusions documented below:				
☐ Medically eligible for all sports without restriction a	as of the date signed below			
Medically eligible for all sports without restriction	after completion of the following t	reatment plan: (use addition	al sheet, if necessary)	
Medically eligible for only certain sports as listed b	elow:	the desired states and the desired states are states as the desired states are states are states as the desired states are states ar		
☐ Not medically eligible for any sports				
Further Recommendations: (use additional sheet, if nece	•			
Name of Healthcare Professional (print or type): _			Date:	/
Address:			Phone: ()	
Signature of Healthcare Professional:		Credentials;	License #:	
Provider Stamp (if required by school)				

			,	
		,		
	•			